



GROOVY GECKO

Summer Menu Term 4 & 1 20/21

TRAFFIC LIGHT SYSTEM All School Canteens are bound by Guidelines endorsed by WASCAs				
An everyday healthy choice				GREEN
Has some nutritional value but not the healthiest choice				AMBER
Not available for sale				RED
Daily Lunch Menu		Weekly Lunch Specials		
SANDWICHES		MONDAY		
Please specify: sandwich, wrap or roll (roll +50c)				
Choice of ONE filling: Chicken, Cheese, Tuna, Curried Egg, Egg, Baked Beans, Spaghetti or Salad	\$3.00	Beef Pie	\$4.20	
		Sausage Rolls	\$3.50	
Ham/chicken/cheese only	\$3.00	Hotdogs	\$4.00	
Vegemite Sandwich	\$2.00	½ Hotdogs	\$3.00	
Toasted Sandwiches for ONE filling	\$3.50	TUESDAY		
Extra fillings	\$0.50			
SALAD BOWLS		Combo Deal: Burger (Beef, Chicken or Fish) & a Slinky Apple	\$5.50	
Includes: Lettuce, Cucumber, Carrot & Dressing				
Small	\$3.00	WEDNESDAY		
Large	\$4.50	Sushi – Chicken, Tuna or Vegetarian	\$6.00	
Extra Ham, Chicken, Tuna or Egg	\$1.00			
Extra Cheese or Beetroot	.50c	THURSDAY		
		Pizza Slice with a Juice Bomb	\$6.00	
OTHER DAILY LUNCH ITEMS		FRIDAY		
Hot Chicken & Mayo Roll	\$4.50	Beef Pie	\$4.20	
½ Hot Chicken & Mayo Roll	\$3.00	Sausage Rolls	\$3.50	
Sweet Chilli Chicken Strip & Salad Wrap	\$5.00	Hotdogs	\$4.00	
Large Sweet Chilli Chicken Strip & Salad Wrap	\$6.00	½ Hotdogs	\$3.00	
Chicken Tender & Salad Wrap	\$5.00	Nachos (Gluten Free)	\$4.00	
Fish & Salad Wrap incl salad	\$5.00	Drinks (Available Recess & Lunch)		
Pizza Slices- Bacon, Meatlovers, Cheese, Vegetarian or Hawaiian	\$3.50	Bottled Water	\$1.00	
Burgers- incl salad Chicken, Beef or Fish	\$5.00	Fresh reduced fat milk 225ml carton	\$1.50	
Nachos (Gluten Free)	\$4.00	Flavoured Milks- Chocolate, Strawberry, Banana or Spearmint	\$2.50	
Spaghetti Bolognese	\$4.50	Sipahh Straw – Assorted Flavours Comes with 225ml plain Hilo milk	\$2.00	
		Milo - Warm or Cold	\$1.50	
		Up & Go – Vanilla, Chocolate or Banana	\$2.00	
Vegetarian Fried Rice (Gluten Free)	\$4.50	Juice Bombs- Blackcurrant, Tropical, Raspberry, Grape & Watermelon (Available Lunch Only)	\$2.50	
Fried Rice	\$4.50	Fruit Juice- Apple, Apple/Blackcurrant, Orange or Tropical	\$1.50	
Lasagne	\$4.50	Ice Blocks (Available lunch only)		
Macaroni Cheese	\$4.50	Paddle Pops	\$2.00	
		Frozen Juice Cup	\$1.00	
		Juices Ice Bar Tropical or Lemonade	\$1.50	
Daily Recess Menu		Icy Poles/Custard Pops	70c/50c	
		Ice Cream Cup – Vanilla	\$1.50	
		Additional		
Cheesies- Bacon, Spaghetti, Cheese	60c	Tomato Sauce Sachets	30c	
Quesadilla (Tortilla, salsa, cheese)	60c	Sweet & Sour Sauce & BBQ Sauce Sachets	40c	
Premium Chicken Breast Nuggets (4)	\$2.00			
Dipping Sauce: Tomato, S&S or BBQ	30c/40c			
Chicken Tenders (4)	\$2.00			
Pikelets	50c	Lunch Bags- 10	50c	
Low fat yoghurt Strawberry/Vanilla	\$1.50	Lunch Bags – 20	\$1.00	
Carrot sticks (cup)	50c	Spoons/forks incl with food, otherwise	10c ea	
Slinky Apple (bring your own 20c)	80c	ORDER ONLINE VIA QUICKCLIQ BEFORE 9AM - LATE ORDERS FOR QUICKCLIQ CUSTOMERS PLEASE CALL 1300 11 66 37. INTERESTED IN VOLUNTEERING? CALL 9584 2600		
Chocolate Yogo	\$1.50			
Muffin	\$1.00			
Fruit Cup (mix of seasonal fruit)	\$1.00			
Popcorn/Trail Mix (popcorn, sultanas, cheerio's)	20c/40c			